

## Spicy Cajun Salmon & Shrimp – A Bold & Flavorful Seafood

## Feast!

Ingredients:

For the Salmon & Shrimp:

2 salmon fillets (6 oz each)

12 large shrimp, peeled & deveined

2 tbsp olive oil

1 tbsp butter

1 tsp salt

½ tsp black pepper

1 ½ tbsp Cajun seasoning

½ tsp smoked paprika

½ tsp garlic powder

½ tsp onion powder

½ tsp red pepper flakes (optional, for extra heat)

For the Garlic Butter Sauce:

3 tbsp unsalted butter

3 cloves garlic, minced

1 tbsp honey

1 tbsp fresh lemon juice

½ tsp Cajun seasoning

1 tbsp fresh parsley, chopped

For Garnish:

Lemon slices

Fresh parsley, chopped

## **Instructions:**

Season the Salmon & Shrimp: Pat salmon fillets and shrimp dry with a paper towel. Drizzle with olive oil and rub in Cajun seasoning, smoked paprika, garlic powder, onion powder, salt, and black pepper.

Sear the Salmon: Heat 1 thsp butter in a skillet over medium-high heat. Place salmon skin-side down and cook for 4-5 minutes until crispy. Flip and cook for another 3-4 minutes until golden. Remove and set aside.

Cook the Shrimp: In the same pan, add a little more butter. Toss in the shrimp and cook for 1-2 minutes per side until opaque and slightly charred. Remove from heat.

Make the Garlic Butter Sauce: In the same skillet, melt butter and sauté garlic until fragrant. Stir in honey, lemon juice, and Cajun seasoning. Let simmer for 1 minute.

Assemble & Serve: Return the salmon and shrimp to the pan, basting them with the garlic butter sauce. Garnish with fresh parsley and lemon slices. Serve immediately over rice or with roasted veggies.

▼Prep Time: 10 min | ▼Cook Time: 15 min | ▼Total Time: 25 min | ♦ Calories: ~520 per serving | ♦ Protein: 50g